

Registration Info

Questions Call Brooke:
410-266-5944

You may pay in full now or a deposit of \$50/per swimmer will reserve your child's spot/class time with payment in full due December 5th, 2011. Deposits are non-refundable.

Make **Check Payable** to:

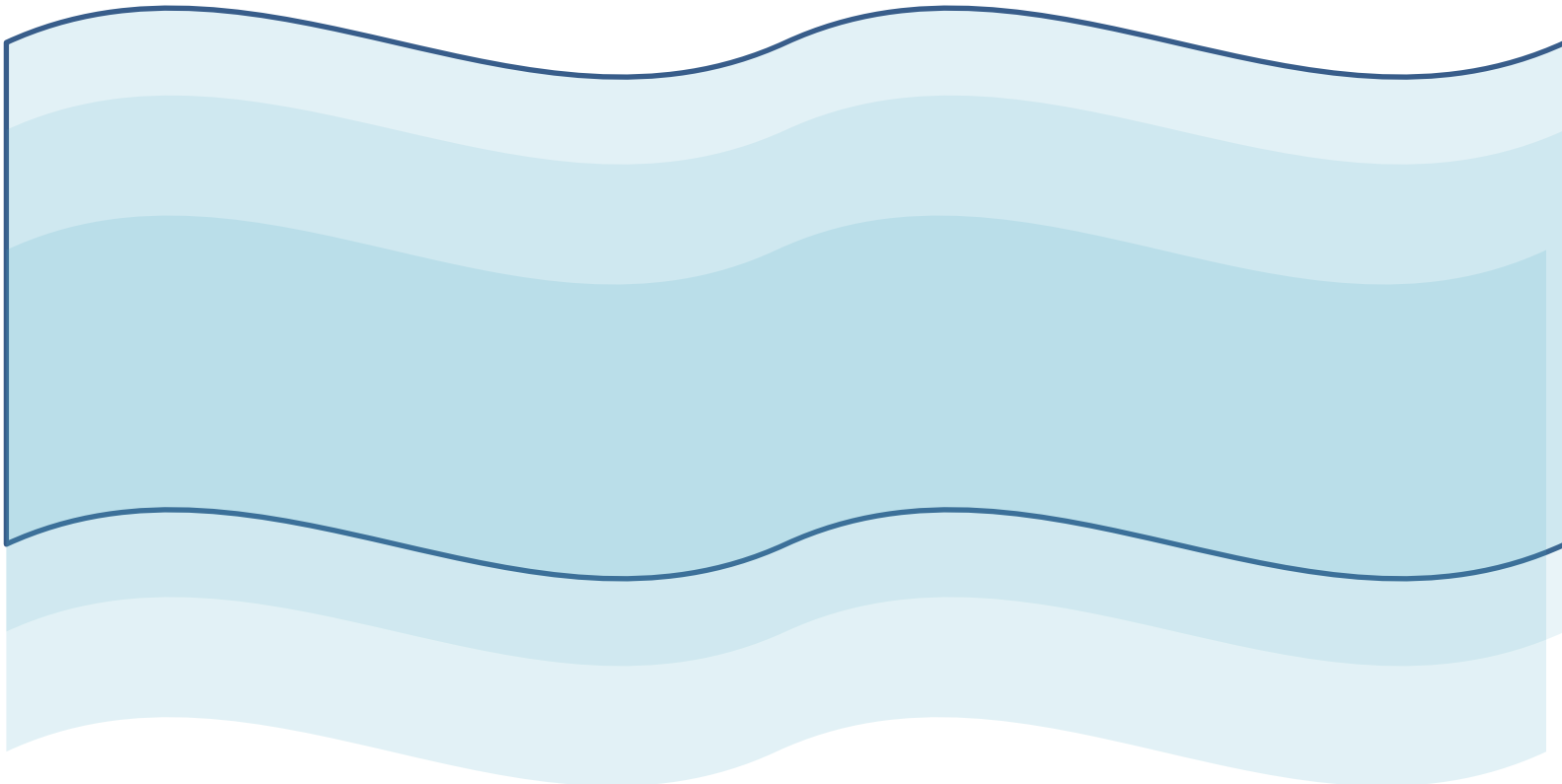
Brooke Moore

Mail to:

525 Horn Point Drive

Annapolis, MD 21403

Payment plans available. Contact Brooke directly with questions
410-266-5944.



The Basics

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410-266-5944

- **Location: Big Vanilla, Arnold**
(This is a Brooke Moore Aquatics Program – All instructors and swim teaching techniques are under the direction of Brooke Moore. You do not need to be a member of Big Vanilla to participate in the program.)
- **Begin Date: Sunday, January 15th, 2012**
- **End Date: Sunday, April 22nd, 2012**
- (NO CLASS February 19th or April 8th, 2012)
- 13 Sundays in Total attend as many as you can.

Overview

The Sunday Swim Program is a large program consisting of five levels of swimmers. Class times are 40 - 45 minutes and swimmers range in age from 2.3 years of age to 15 years of age. Swimmers are grouped according to ability, so siblings of various levels can still share the same class time. Please see the Swim Level page to determine your child's level.

There will be 10 instructors working alongside Brooke, one instructor per group with the exception of the Developmental and Beginner students who will have two instructors per group. Group sizes are generally limited to eight swimmers.

Brooke will alternate between teaching swimmers in the Instructional Pool and the Main Pool. During the 9:00 am and the 9:45 am class times, Brooke will ALWAYS be in the Instructional Pool teaching among the three groups.

Policy and Equipment

There are no make-ups or refunds credits if a swimmer misses a class or drops from the program. If it snows, you may call Brooke, 410-266-5944 or Big Vanilla 410-544-2525 after 7:30 am to hear if class is a go.

Each swimmer is required to have fins and goggles which can be purchased from Brooke.

Fins - \$ 30.00

Goggles - \$ 8.50 Child \$ 16.00 Teen/Adult (100% Guaranteed not to leak!)

Cost

Little Dippers - Wading Pool - 1 Instructor per group with Parent Participation.
\$125 (see class times)

Developmental Swimmer

Instructional Pool - 2 Instructors per group
\$230 - (\$250 9:00am or 9:45am)

Beginner Swimmer

Instructional Pool - 2 Instructors per group
\$230 - (\$250 9:00am or 9:45am)

Progressive Swimmer

Main Pool or Instructional Pool - 1 Instructor per group
\$230 - (\$250 9:00am or 9:45am)

Intermediate Swimmer

Main Pool - 1 Instructor per group
\$215 (not available at 9:00am or 9:45am)

Advanced Swimmer - Main Pool - 1 Instructor per group
\$215 (not available at 9:00am or 9:45am)

Adults - Main Pool - 1 Instructor per group.
\$215

Class Times

Instructional Pool Only

(No Intermediate or Advanced Swim Groups offered at the times below)

- 9:00-9:40 am (closed)
- 9:45-10:25 am (closed)

Instructional Pool and Main Pool

(ALL swim levels are offered during the class times below)

- 10:30-11:15 am (closed)
- 11:20-12:05 pm
- 12:10-12:55 pm
- 1:00-1:45 pm
- 1:50-2:35 pm
- 2:40-3:25 pm

Little Dippers

(12-26 MONTHS)

Parent Participation Required

- 10:35-11:05 am (closed)
- 11:25 11:55 am
- 1:05-1:35 pm

Adults

- 1:50-2:35pm
- 2:40 3:25 pm

Swim Level

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Little Dippers:

12-26 months water acclimation with parent participation required. Class is conducted in the wading pool.

Developmental Swimmer:

The developmental swimmer has no independent swim skills and is an absolute beginner. They may have some experience wearing a flotation device or time in the water with a parent.

These students are always in the very warm instructional pool.

Objective: Achieve the ability to swim short distances with face in the water and/or face up, and at the same time increase confidence and enthusiasm in the pool.

Beginner:

The beginning swimmer is able to perform some type of face in swimming, doggie paddle, and/or some form of swimming/kicking on their back for a distance of 6 - 12 feet. These students are always in the very warm instructional pool.

Objective: Stroke development in freestyle, breaststroke and swimming on their backs. Increase strength, confidence and the child's overall interest/excitement for swimming.

Progressive:

The progressive swimmer must be able to swim half a length (12 yards) of some form of freestyle.

Objective: Develop (or introduce) and improve technique in the four strokes: freestyle, backstroke, breaststroke and butterfly. Additional focus is spent on developing confidence, strength, endurance, basic diving and continued enthusiasm for swimming.

Intermediate:

The intermediate swimmer must have experience in two strokes, freestyle and either backstroke or breaststroke. They must also be able to swim 1 to 2 lengths, (50 yards) non-stop using any combination of the four competitive swim strokes.

Objective: Stroke refinement and efficiency, dive starts, strength, endurance, and speed.

Advanced:

The advanced swimmer must be proficient in 3 of the 4 competitive swim strokes.

Objective: Stroke fine-tuning in all four strokes, endurance, speed, flip turns and dive starts.

Adults

Adults from beginners to advanced swimmer with the ability to swim a minimum of 25 yards using any stroke with or without flippers.

Objective: Stroke development and fine tuning for advanced swimmers, exercise/workout and fun.

Registration Form

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Parents Name: _____

Phone: _____ **Circle:** Cell Home Office

Email: _____

Child's Name	Age <small>(at time of program)</small>	Approximate Swim Level	1 St Class Time Choice	2 nd Class Time Choice

Brooke will hold two to three open houses in December, (date TBD), in order to purchase equipment, fins, goggles, girls swimsuits, etc.